

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Nicky Nghlow**

Has successfully participated & completed the

15km TAF Trail Run Challenge 2018

held at Tierpoort Adventure Farm.

**TIME** 01:06:20

**PACE** 04:24/km

**OVERALL** 3 of 91

**GENDER** 3 of 51

**40 - 49** 1 of 19

03 February 2018, Sat

Date



BoutTime